

## Breakfast

<b>WARM OATMEAL PORRIDGE</b> <i>V</i>	14
Quinoa, manuka honey, banana, blueberries, goji berries, seeds and nuts	
<b>HEALTHY KICK-START</b> <i>V</i>	16
Granola parfait, savoury breakfast muffin, freshly sliced fruit and a spirulina juice shot	
<b>HONEY CRUNCH GRANOLA</b> <i>V</i>	16
Toasted oats, nuts and fruit served with matcha tea Greek yoghurt and mixed berries	
<b>POACHED EGGS ON TOASTED MULTIGRAIN &amp; SEED BREAD</b> <i>V</i>	14
· with smashed avocado and sautéed mushroom <i>V</i>	19
· with grilled middle bacon and pesto roasted vine tomato	20
· with hot smoked salmon avocado	21
<b>MAPLE WAFFLES</b> <i>V</i>	18
Mascarpone cheese, oreo cookie crumbs, vanilla ice cream and fresh fruit	
<b>SWEETCORN FRITTERS</b>	19
Courgette and jalapeño, poached eggs, fresh avocado & salsa fresca	
<b>ORIENTAL BREAKFAST</b> <i>GF</i>	20
Shrimp fried rice, peanut satay chicken, fried egg, cucumber, chili sambal and crispy shallot	
<b>3 EGG OMELETTE</b>	
· champagne ham, red onion, mushroom and cheddar cheese	20
· spinach, feta and vine tomato <i>V</i>	18
<b>“STEAK &amp; EGGS”</b> <i>GF</i>	25
180g angus pure sirloin, poached eggs, hand cut chips, béarnaise sauce	
<b>THE CUT BIG BREAKFAST</b>	24
Poached eggs, streaky bacon, tomato, mushrooms, kransky sausage and hash browns	

## Sides

8 each

Creamy Button Mushrooms <i>V GF</i>	Streaky Bacon <i>GF</i>
Hash Browns <i>V GF</i>	Baked Beans <i>V GF</i>

## Juices / Smoothies / Hot Chocolates

Apple / Pineapple / Orange Juice / Cranberry	4
Berry Smoothie / Spirulina Smoothie	5.5
Hot Chocolate	4.5
· Flavours – Caramel / Vanilla / Hazelnut	4.5

## Coffee / Tea

Long Black	4	Short Black	3.5
Flat White	4.5	Cappuccino	4.5
Latte	4.5	Mochaccino	4.5
Piccolo	4	Mexican Coffee	14
Bailey's Irish Cream Coffee	12	Amaretto Coffee	12
Irish Coffee	13	Dilmah Tea Selection	4
		Green, Earl Grey, Peppermint, Chamomile, English Breakfast	